



## GOACC Cybernews

This message is directed to Greater Olean Area Chamber of Commerce members & their employees. Please forward this email to your employees, as they are eligible for the employee discounts as well.

Visit our Website

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### SPOTLIGHT NEWS – SEPTEMBER 21: SOCIAL MEDIA CONSULTING SESSIONS

SOCIAL MEDIA CONSULTING SESSIONS by social media and digital marketing expert Shelley Jack, Olean Business Development office, Olean, 2 to 5 p.m. During her time at OBD, Jack will be on-hand for 30-minute consulting sessions with local entrepreneurs and business owners. Jack will be available to discuss social media and digital marketing strategies and how to harness online platforms to your company's advantage. Sessions with Jack are free. To schedule an appointment with Jack, please call 716-701-4009 or email [RSVP@oleanbd.com](mailto:RSVP@oleanbd.com).

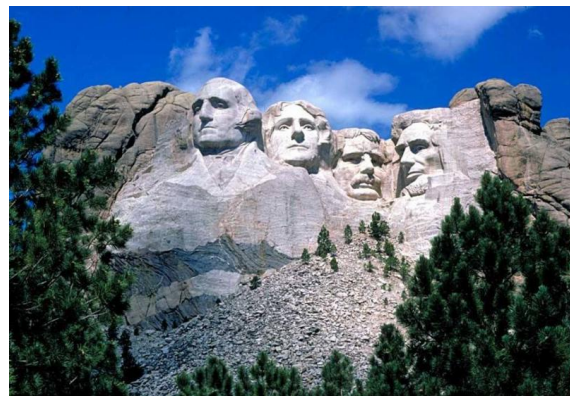


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### TODAY... Tues, Sept 5, 2017

\*NEXT CyberNews: Mon, Sept 18, 2017

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**SEPTEMBER 6: TRAVEL PRESENTATION,**  
Bradford Public Library, Bradford, Pa., 6 p.m.  
Bradford Travel invites you to a join them for a special Travel Presentation by Collette Tours on "America's Cowboy Country". This event is free and open to the public.  
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**SEPTEMBER 6: YOGA AT THE FARM,** Canticle Farm, 3835 South Nine Mile Road, Allegany, 5:30 to 6:30 p.m. This gentle flow yoga by Lisa Yohon has a fee of \$8. Please bring mat/blanket and water. For questions, please [email](#) or 716-373-0200.

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**SEPTEMBER 7: OLEAN AREA YOUNG PROFESSIONALS NETWORKING EVENT,** St. Bonaventure Clubhouse, 5:15 to 7:15 p.m. The Club House is located just off SBU's golf course, which is immediately next to St. Bonaventure Cemetery. Enjoy food from the clubhouse and a cash bar.

To ensure there's enough food, [please register here](#).

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**SEPTEMBER 7: FULL MOON RESTORATIVE YOGA,** Lavender Lotus Yoga, 133 ½ North Union Street, Olean, 6:45 to 8:15 p.m. The moon, being the closest astronomical body to Earth, has a profound effect on us. Please join Lisa for this 90-minute ceremony as you create a safe, healing environment. Space is limited. The fee is \$25. For more information or to register, please [email](#).

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**SEPTEMBER 7: SOUND BATH with Celine Daly,** Olean Meditation Center, 7 to 8:30 p.m. Experience a sound journey with the therapeutic vibrations of Himalayan bowls, crystal bowls, gong, drums, flutes and more. The vibrations and rich overtones of these ancient and modern healing instruments harmonize body, mind and spirit and restore natural energy balance. You simply let go and receive. Participants usually lie on the floor during the event. A limited number of yoga mats and cushions are available but bring a blanket and your own mat and cushion if you can. Chairs will be available for those who prefer to sit. Free public event (Donations gratefully accepted).

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**SEPTEMBER 7: SBU WOMEN'S SOCCER** vs. UMass-Lowell, St. Bonaventure University, 2 p.m. Follow the action on the field and play Soccer Bingo for a chance to win prizes throughout the game.

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**SEPTEMBER 7, 14, 21, 28: BEGINNING ACRYLIC PAINTING CLASS,** Catt. Co. Arts Council, Allegany, 6 to 8 p.m. The class cost is \$65 CCAC Members, \$75 Non-members. In this 4-week class Samila Sosic will lead beginner painters through the steps of creating a painting with acrylics: basic compositional principles, creativity through inventive cropping, focal points, color and value in composition, and a variety of brush work and painting techniques. All supplies included. Register and pre-pay [online](#) or call 716-372-7455.



## Sound Bath

with Celine Daly



**SEPTEMBER 8: PAINT A WINDOW with Shelby**, Art Studio, 317 West State Street, Olean, 5:30 to 8:30 p.m. Come paint a beautiful reused glass window with Shelby! She will provide all supplies & step by step instruction. The price is \$55 for class including a 2x3 foot window or \$40 if you BYOW up to 2x3 window. Please call to make a reservation to 716-307-7517.

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**SEPTEMBER 8: SBU MEN'S SOCCER HOME OPENER**, St. Bonaventure University, 7 p.m. The St. Bonaventure men's soccer team will host Canisius.

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**SEPTEMBER 8, 9: REGISTRATION FOR OTW KIDS PROGRAMS**, Olean Theater Workshop, Fri 6 to 8 p.m. and Saturday 2 to 4 p.m.

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**SEPT 8 – 10: U.S. VINTAGE GRAND PRIX**, Watkins Glen International, Watkins Glen, NY. Tickets include weekend general admission adult for \$50 and Sunday adult general admission for \$35. Please go online to [theglen.com](http://theglen.com), select event and enter coupon code: WGICHAMBER to receive these prices. For questions or more information, please call 607-535-3351.

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**SEPTEMBER 9: Canticle Farm – FARM to TABLE DINNER**, Canticle Farm Market, 3809 Old State Road, Allegany, 3 to 7 p.m. Enjoy a four-course gourmet dinner, live music, farm tours, sustainable living education booths, raffle baskets, chair massages and a bonfire. Tickets are \$30 adults and \$10 for children ages 6 to 12.

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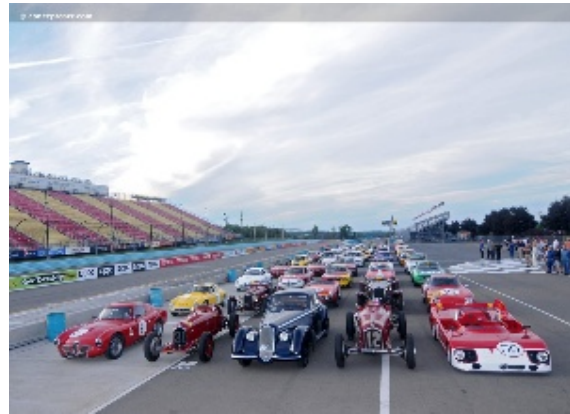
**SEPTEMBER 9: BONNIES BASEBALL ALUMNI GAME**, St. Bonaventure, Fred Handler Park, 1 p.m. The game will feature an even year vs. odd year game followed by dinner and drinks at the OP in Allegany. If you plan on attending, please contact Coach Sudbrook at [lsudbrk@sbu.edu](mailto:lsudbrk@sbu.edu) to confirm your attendance.

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**SEPTEMBER 9: CARES RECOVERY FEST**, War Veterans Park, Olean, 11 a.m. to 6 p.m. This free event features music, speakers, food, entertainers, kids games and more.

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**SEPTEMBER 9: FIELDS OF GOLD**, Getting to Know Goldenrod, Pfeiffer Nature Center, 1974 Lillibridge Road, Portville, 10 a.m. to 12 p.m. Take a walk with Pfeiffer Nature Center and explore this important and beautiful plant. The walk will include an introduction to basic botanical terms, how to use a plant identification key, hands-on experience identifying several species of Goldenrods, and a bit of fact, folklore, and fiction about this summertime beauty. The



**CAREs**

**Recovery Fest  
2017**

Fee is Free for PNC members and children under 13, \$5 for non-members. Minors must be accompanied by an adult. Please register [online](#) or contact 716-933-0187.

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**SEPTEMBER 9: STORIES IN THE MUSIC**, St. Bonaventure Church, Allegany, 7 p.m. The Chamber Music Society of Olean presents this event with guest artists Guzheng player Ms. Daisy Wu from Alfred University and the local dancers including Ms. Tamara Hilmey! They hope you can make this a free unique event and enjoy the dance and music. Free will donations are appreciated.

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**SEPTEMBER 10: FLY-IN/DRIVE-IN BREAKFAST**, Olean Airport, Ischua, 8 a.m. to Noon. Come enjoy 2 eggs, sausage, all you can eat pancakes - coffee, tea, orange juice or milk and real locally made maple syrup! The cost is \$8 adults and \$5 children under 12. Stop in, eat and explore the airport. Tour the Mercy Flight chopper and enjoy helicopter rides \$40.

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**SEPTEMBER 10: NATURAL THERAPIES for ALLERGIES**, Boundless Connections, 120 N. Union St., Olean, 1 to 2 p.m. Hosted by Positive Moves Consulting, this free, one-hour session, you will learn natural ways to manage, reduce, and even eliminate allergies.

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**SEPTEMBER 10: SBU MEN'S SOCCER** vs. Albany, St. Bonaventure University, 1 p.m. Follow the action on the field and play Soccer Bingo for a chance to win prizes throughout the game.

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**SEPTEMBER 11: CREATIVE CLAY CLASS**, Catt. Co. Arts Council, Allegany, 6 to 9 p.m. The class cost is \$30. Make a ceramic utensil canister while enjoying a social atmosphere. Students ages 14 and older of all skill levels are welcome and all supplies will be provided. Your project will be created in one class session and can be picked up after the piece has been fired. Register and pre-pay [online](#) or call 716-372-7455.

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**SEPTEMBER 12: INFORMATION SESSIONS on PAID FAMILY LEAVE**, JCC, Manufacturing Technology Institute, 8 a.m. session, 6 p.m. session. Jamestown Community College Center for Continuing Education, in partnership with Mike Hendrix of Both, Branch & Hendrix Insurance, will be holding information sessions. Starting in January 2018, Paid Family Leave (PFL) becomes a mandatory benefit in New York, providing paid time off to employees to bond with a new child, care for a seriously sick family member, or address family matters due to a qualifying military leave event. What does that mean for



Rintaro & Ritsuko Wada, Cello & Piano

Tamara Hilmey and Students, Dance



employers? Are you ready? Are your employees ready? Sessions are free of charge, but a reservation is recommended as spaces are limited. To reserve your spot, please contact Both, Branch & Hendrix at 716-372-3192 or by [email](#).

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**SEPTEMBER 12: BBB WEBINAR – Understanding Customer Reviews**, 11 a.m. to 12 p.m. The world of customer reviews is evolving daily. From your business profile on bbb.org to Google and Facebook, people can find reviews of your business in more places. Please join this online seminar [by registering here](#).

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**SEPTEMBER 12, 19, 26: WRITTEN EXPRESSION: WRITING FOR THE WORKPLACE** with Mary Freeman, Jamestown Community College, Olean, 5:30 to 7:30 p.m. Participants will learn how to compose professional business letters and emails. Emphasis will be on proper grammar usage and sentence structure. The fee is \$59. For more information or to register, please call 716-376-7506.

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**SEPTEMBER 14 – DECEMBER 21, YOGA THURSDAYS** with Kathy Wright, Jamestown Community College, 5:30 to 7 p.m. Take your yoga practice to the next level and build on the basic essentials of yoga through the deeper study of posture alignment and form. This class includes energetic sequences of poses coordinated with the flow of your breath. The fee for 14 classes is \$98. For more information or to register, please call 716-376-7506.

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**SEPTEMBER 15: BRADFORD TRAVEL MOTORCOACH JOURNEY to Pittsburgh for the "Jackpot of a Day."** The journey includes a trip on the Gateway Clipper Cruise, luncheon on board the Cruise and performance by a Neil Diamond Tribute Band followed by a visit to the River's Casino in Pittsburgh! The fee is \$102.00 per person. Please call Bradford Travel for further details 814-362-6884.

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**SEPTEMBER 15: EXHIBIT OPENING RECEPTION-Perspectives by Diane DeLarme**, Catt. Co. Arts Council, Allegany, 5 to 7 p.m. FREE.

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**SEPTEMBER 16: FAMILY DAY at OLEAN FARMERS MARKET**, Olean Center Mall front parking lot, 8 a.m. to 1 p.m. Fifteen+ vendors will be selling vegetables, fruits, meats, cheeses, eggs, honey, maple syrup, herbs, potted plants, baked goods, soaps, and handcrafted items. SNAP EBT, credit, and debit cards accepted. Enjoy games, demonstrations, and hands-on

# Paid Family Leave Program

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homesteading activities for kids of all ages.

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**SEPTEMBER 16: THE ESSENTIAL YOGA PROGRAM**, Lavender Lotus Yoga, 133 ½ North Union Street, Olean, 10:30 a.m. to Noon. This workshop combines yoga with essential oils and aroma touch therapy which gives you a deep relaxing experience. Space is limited. The fee is \$30. For more information or to register, please [email](#).

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**SEPTEMBER 18: CYBERSECURITY WORKSHOP: Tips for Staying Secure on the Web and Social Media**, Room 200, Marilyn Horne Hall, 2 Marilyn Horne Way, Bradford, Pa., 5 to 8 p.m. The fee is \$55. Learn how to stay secure online and about best practices for keeping yourself and your data secure. For more information or to register, contact the University of Pittsburgh at Bradford Division of Continuing Education and Regional Development at 814-362-5078 or [email](#).

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**SEPTEMBER 18: JUICING/SMOOTHIE CLASS**, Thrive, 130 South Union Street, Olean, 6:30 p.m. This class will teach you about the benefits of both juicing and making smoothies and the different juicers. Watch demos and test out sample recipes. The fee for the class is \$20 per person. To register or for more information, please call 716-790-2329.

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**SEPTEMBER 19 – DECEMBER 19: ADULT CO-ED VOLLEYBALL LEAGUE**, Olean Family YMCA, Tuesday Night (5:00, 5:50, 6:40, 7:30, 8:20, 9:10) Games. Details include: 12 Team League Max, 6 Team League Min, \$250 Team Fee, and \$20 additional for EACH non Y Member. For more information, please call 716-373-2400 ext. 105 or [email](#).

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**SEPTEMBER 18, 25: CALLIGRAPHY CLASS**, Catt. Co. Arts Council, Allegany, 6 to 8 p.m. The class cost is \$35 CCAC Members; \$45 Non-members. This class covers learning the basics of calligraphy, or "beautiful writing," starting with the foundation style of Italics, and will also include Celtic and Gothic styles. Master the basic strokes using the chisel-point calligraphy pen to create immediately stunning yet legible pieces of written art. Supplies are included. Register and pre-pay [online](#) or call 716-372-7455.

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**SEPTEMBER SALES on Teaching Supplies**, McCarthy's Emporium, 124 North Union Street, Olean. ALL Teaching Supplies will be 15% off for this month. Also, enjoy these weekly specials: Mondays POSTERS



will be 25% Off; Tuesdays SHAPES Note Pads 25% Off; Wednesdays STICKERS 25% Off; Thursdays BULLETIN BOARDS 25% Off; and Fridays WORKBOOKS are 50% Off. Questions? Please call the store at 716-373-7407 or [email](#).

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**JCC's PRESIDENT'S ROUNDTABLE**

**SERIES – JOIN NOW:** A membership drive is now underway for JCC's 2017-18 President's Roundtable series of speakers. The roundtable allows business and civic leaders to explore a variety of topics through presentations by thought-provoking speakers. In addition, memberships grant JCC the opportunity to share the speakers with students and the community through classroom and public presentations. All presentations include breakfast and discussion. Annual rates are \$100 for individuals or \$250 for businesses (three individuals). To join, or for information on speakers and dates, please contact Ann Nelson at 716.338.1023 or [email](#).

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**PAY THE DAY IN SEPTEMBER,** YMCA of the Twin Tiers. Join any YMCA of the Twin Tiers locations in September and pay the dollar amount that matches the calendar date you join. The sooner you join, the more you save! Plus, there are NO JOINER FEES during these September dollar days. Bring the payment, a photo ID, and future method of payment for automatic membership draft. Please call for more details to 716-373-2400.

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Do you want to feel better in your body and your life? **PHOENIX RISING YOGA THERAPY (PRYT):** Lavender Lotus Yoga offers individual PRYT sessions to help you connect with your body and explore what it has to say. A session incorporates embodied meditation, supported and assisted postures, dialog, and guided integration to help you access the wisdom inherent in your body and turn that wisdom into action. These one-on-one sessions are one hour; \$60 or choose a FREE 30 minute consultation session. Please contact Lisa at 716-904-0907 or [email](#).

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**MEMBER SPONSOR OPPORTUNITY:**

Greater Olean Area Chamber of Commerce will be printing up visitor bags for use in our office as well as at our events. The one side of the bag will have our Chamber logo on them as well as our facebook and website information. The other side will have 8 business card sized ads (2x3) for use by our Chamber members. The ads will cost \$200 each and we will go first come/committed, first served. The ad will be one color, no photos or halftones please.

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**EVENTS SEPTEMBER 19** and later will appear in the next cybernews.  
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If you received this email by mistake or wish to unsubscribe, simply follow directions below.

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## Chamber Connection

CYBERNEWS — this is a promotional member benefit used by Greater Olean Area Chamber of Commerce that is sent out via email every other Monday to its members. GOACC member businesses/organizations are encouraged to send GOACC their business/organization events and activities to be listed in the cybernews. Non-member's events will only be listed in GOACC's web calendar as well as its printed events brochure, pending when the information is received.

**PHOTO: What a great summer view looking west over Allegany, New York...** courtesy of Jim Mahar.



Greater Olean Area Chamber of Commerce | 716-372-4433 | [email](#) | [website](#)

STAY CONNECTED



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## On the Go with Greater Olean

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