

# ON THE GO with Greater Olean Area Chamber of Commerce



## April 2020 newsletter

On the Go is the monthly newsletter published by Greater Olean Area Chamber of Commerce with information on Chamber benefits, Member news and notes, Chamber calendar and more.

Please feel free to send in your news to be included in our next publication.

[Email Your News](#)



**EVERY NIGHT 7 PM through the month of April**

...Area-wide clapping celebration (a two-minute round of applause from their porches and balconies) to thank AHOP frontline workers!

#clapbecausewecare  
#trueheroes #worktogether

## 8 Weeks to a 5K



**8 WEEKS to a 5K:** The Southern Tier Corporate Challenge 5K Run and 2.1 Mile Walk has been a success every year since, with an average of 695 participants. This year's Challenge is set for Thursday, June 25, 2020.

The Southern Tier Corporate Challenge unveiled their 8-weeks to 5K Competition. The challenge committee would like to see more participants do the running portion.

GOACC asks that anyone participating in the training challenge fill out a free training registration form. The 8-week program will begin April 26th. For more information or questions, please call 716-372-4433 or [email](#). ... [Continue reading](#)  
[#8weeks2running5K](#)



### Welcome New Member

**WELCOME NEW MEMBER Big Brothers & Big Sisters of Erie, Niagara and the Southern Tier --** This member's mission is to create and support one-to-one mentoring relationships that ignite the power and promise of youth. To contact their office, please visit them at 807 West State Street, Olean, NY. You can call 716-873-5833 ext 243; fax 716-873-6350 or [email](#).

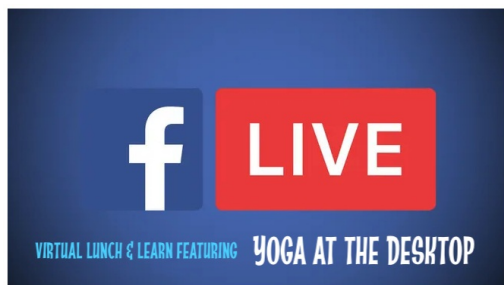
### Welcome New Member

**WELCOME NEW MEMBER Rushford Lake Cottage Rentals --** This member has two cottages and additional space for events. The two charming lake view cottages on Rushford Lake rent in the spring, summer and fall seasons. The venues for family reunions, weddings and other events include the Rathskeller and the Gazebo. The Rathskeller, a rustic carriage barn, will seat 40 people. The Gazebo at the Koi Pond is a perfect outdoor setting for a bridal shower or cocktail party. The site has held picturesque lakeside weddings with seating for up to 200 guests. For more info, please contact phone at 716-863-4765 and [email](#).



### Welcome New Member

**WELCOME NEW MEMBER Northern Energy Services and Training --** This member offers grants, rebates and incentives for insulation, hvac, lighting and appliance upgrades to NYS home owners, tenants and building managers. They provide FREE energy assessment and are a NYSERDA participating contractor. The company, located in Bolivar, NY, has contact information: phone 585-307-0675 and [email](#).



April 30 • 12 PM • [Here](#)

### Yoga Lunch and Learn - Virtual!

Greater Olean Area Chamber of Commerce has scheduled its next Lunch and Learn for Thursday, April 30th, Noon. The topic is Yoga at the Desktop, Personal Enrichment Hour and will feature Lisa Yohon from the Lavender Lotus Yoga. This virtual class will be aired live on Facebook at Lavender Lotus Yoga!

Ms. Yohon stated, "Prolonged work on the computer strains the neck, shoulder and back muscles, which leads to tension and stiffness. Unless attended to properly, it could impact

your ability to function effectively at the workplace, affecting your overall quality of life.”  
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## Greater Olean Area Chamber of Commerce

